



RED LESSON LEVEL — PRECISION

Training Emphasis: Execution Under Pressure

Purpose of This Level

Red Level refines performance. Small inefficiencies matter, and pressure is intentionally introduced.

Teaching Focus (Instructor Guidance)

Instructors should:

- Focus on efficiency and timing
- Refine lines and transitions
- Introduce time pressure thoughtfully
- Observe subtle communication breakdowns

Instructor Evaluation Checklist

A rider may be ready to advance when:

- ☐ Accuracy holds under time pressure
- ☐ Rider maintains cadence through complex patterns
- ☐ Communication becomes subtle and efficient
- ☐ Strategic choices improve outcomes
- ☐ Horse remains mentally steady
- ☐ Performance is repeatable across sessions

Instructor note:

If precision deteriorates under pressure, reduce complexity before increasing speed.