



## GREEN LESSON LEVEL — PERFORMANCE

**Training Emphasis: Speed with Accuracy**

### **Purpose of This Level**

Green Level introduces speed as a training variable. Accuracy and composure must remain intact as pressure increases.

### **Teaching Focus (Instructor Guidance)**

Instructors should:

- Introduce speed gradually
- Watch accuracy trends closely
- Emphasize decision-making
- Reinforce efficient lines and turns

Mistakes should be treated as feedback, not failure.

### **Instructor Evaluation Checklist**

A rider is typically ready to progress when:

- ☐ Accuracy remains consistent as speed increases
- ☐ Turns are smooth and efficient
- ☐ Rider links multiple exercises together successfully
- ☐ Rider makes independent decisions mid-run
- ☐ Errors are corrected calmly
- ☐ Horse stays forward, responsive, and confident

Green Level prepares horse and rider for true competitive environments.

### **Instructor note:**

Speed should never increase faster than horse's mental composure can be maintained.