



## NaSHA Lesson Planning Sheet

Use this sheet to guide individual lessons and track progression focus.

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| <b>Date:</b>                            |
| <b>Rider Name:</b>                      |
| <b>Horse:</b>                           |
| <b>Primary Rider Progression Level:</b> |
| <b>Lesson Objective:</b>                |
| <b>Training Priorities:</b>             |
| <b>Exercises Used:</b>                  |
| <b>Drills Used:</b>                     |
| <b>Instructor Observations:</b>         |
| <b>Adjustment for Next Lesson:</b>      |

